



The Daily Design Single Session

This is one powerful session where we will uncover what you are truly wanting and discover unique tools for you to incorporate easily that will help you start living what you desire every day.

Here's what is included in the single session:

- Prep playbook to help us get some clarity in order to make the session powerful.
- One phone/Skype 75 minute session
- Customized daily design – tools and experiments to start incorporating into your daily life.
- A follow-up email a week after the session to check in and see how the tools and experiments are going and offer some insights for going forward.

The investment is \$157. If you are interested in scheduling a session, please email cari@carirauch.com and we will setup a time to chat to ensure this is a perfect fit.



The Daily Design Experience

This experience goes deeper into who you want to be, what you are truly wanting and incorporating the powerful mind play tools along with incredible and loving support to help you continue to daily design a life you love.

Here's what is included in the experience (phone coaching & email support):

- Prep playbook to help us get some clarity on where you are at right now and what you would like to experience on this journey.
- Three phone/Skype 50 minute sessions
- Customized daily design sheets
- Weekly playbooks with tools and experiments to live your best life daily
- Email support between the session to let go of any obstacles and stay focused on what desire to your life (at least once a day M-F).
- A follow-up email a week after the experience to check in and see how the tools and experiments are going and offer insights for going forward.

The investment is \$497. If you are interested in signing up for the experience, please email cari@carirauch.com and we will setup a time to chat to ensure this is a perfect fit.

Here's what is included in the experience (email only coaching):

- Prep playbook to help us get some clarity on where you are at right now and what you would like to experience on this journey.
- Customized daily design sheets
- Weekly playbooks with tools and experiments to live your best life daily
- 4 Weeks of email coaching (at least once a day M-F)
- A follow-up email a week after the experience to check in and see how the tools and experiments are going and offer insights for going forward.

The investment is \$217. If you are interested in signing up for the experience, please email cari@carirauch.com and we will setup a time to chat to ensure this is a perfect fit.

Here's what is included in the experience (phone only coaching):

- Prep playbook to help us get some clarity on where you are at right now and what you would like to experience on this journey.
- Customized daily design sheets
- Weekly playbooks with tools and experiments to live your best life daily
- 3 phone sessions (50 minutes each)
- A follow-up email a week after the experience to check in and see how the tools and experiments are going and offer insights for going forward.

The investment is \$327. If you are interested in signing up for the experience, please email cari@carirauch.com and we will setup a time to chat to ensure this is a perfect fit.



The Daily Design Immersion

This immersion is about empowering you to a new way of living and stepping into your desired lifestyle. It's about discovering the love and joy in every aspect of your life right now while journeying toward your dreams and desires

Here's what is included in the immersion:

- Prep playbook to help us get some clarity on where you are at right now and what you would like to experience on this journey.
- Nine phone/Skype 50 minute sessions
- Customized daily design sheets

- Weekly playbooks with tools and experiments to live your best life daily
- Unlimited email & text support M-F between the session to let go of any obstacles and stay focused on what desire to your life.
- Daily interaction to keep you stay focused on what you are designing (you get to choose the immersion level)
- A follow-up email a week after the immersion to check in and see how the tools and experiments are going and offer insights for going forward.

The investment is 3 payments of \$497 per month or a one-time payment of \$1297. If you are interested in signing up for the immersion, please email cari@carirauch.com and we will setup a time to chat to ensure this is a perfect fit.

Since I am truly dedicated to being available to offer exceptional support to my clients - I am only able to work with a small number of women who are truly excited and ready to fall in love with life.